



## DEE B YOGA

<i>Day</i>	<i>Time</i>	<i>Class</i>	<i>Venue</i>
Monday	6:00pm - 7:00pm	Yin Yoga	Cranberries
Monday	7:15pm - 8:15pm	Aerial Yoga	Cranberries
Tuesday	9:00am - 10:00am	Aerial Yoga	Cranberries
Wednesday	12:30pm - 1:30pm	Yin Yoga	Charlotte Grace Pilates
Thursday	5:45pm - 6:45pm	Yin Yoga	Charlotte Grace Pilates
Thursday	7:00pm - 8:00pm	Yin Yoga	Charlotte Grace Pilates
Friday	7:45am - 8:45am	Yin Yoga	Charlotte Grace Pilates
Friday	12:45pm - 13:45pm	Yin Yoga	Charlotte Grace Pilates